

SENIOR LAW PROJECT OF NEVADA LEGAL SERVICES

The Senior Law Project operated by Nevada Legal Services provides legal assistance to seniors 60 years or older for consumer related legal matters; such as, wills, evictions, financial fraud or exploitation and social security administration hearings. Community education and senior related legal information sessions are offered throughout the year at various senior center locations.

RENO CENTER WASHOE COUNTY LIBRARY

A full service branch of the Washoe County Library is located inside the Reno Center and is open Tuesday-Friday from 9:00 am to 1:00 pm. Computer and social media classes are operated at this location as well.

PHONE DIRECTORY

Central Location
(775) 328-2575

Adult Day Health
(775) 328-2591

Case Management
(775) 328-2575

Representative Payee
(775) 328-2575

Homemaker
(775) 328-2575

Nutrition Services
(775) 328-2575

**Senior Law Project of
Nevada Legal Services**
(775) 334-3050

Reno Center Washoe County Library
(775) 328-2586

SERVING SENIORS IN WASHOE COUNTY FOR 30 YEARS



**Washoe County
Human Services Agency
Senior Services**

CENTRAL LOCATION PROVIDING ALL SERVICES

Reno
1155 East 9th Street
Reno, NV 89512
(775) 328-2575

OTHER SITES WITH LIMITED HOURS/SERVICES

Sparks
97 Richards Way
Sparks NV, 89431
(775) 353-3110

Sun Valley
115 West 6th Avenue
Sun Valley, NV 89433
(775) 673-9417

Gerlach
385 E. Sunset Blvd
Gerlach, NV 89412
(775) 557-2206

WEBSITE

www.washoecounty.us/seniorsrv

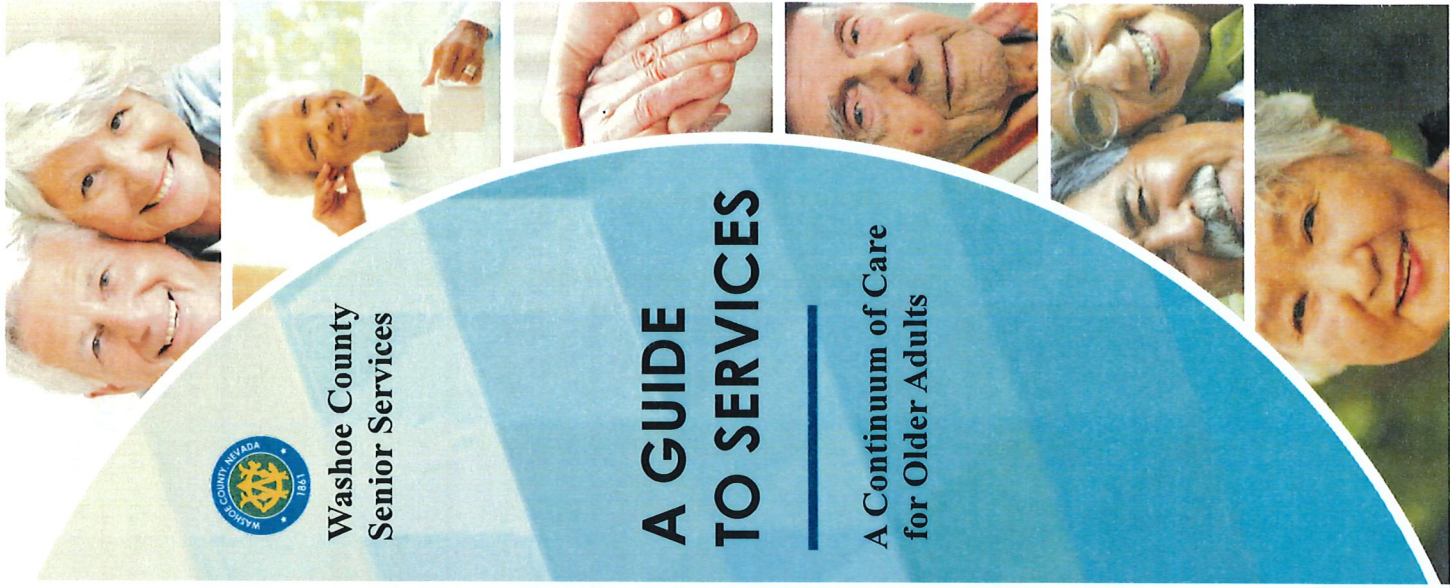
All programs accept donations
that help expand services



**Washoe County
Senior Services**

A GUIDE TO SERVICES

**A Continuum of Care
for Older Adults**



OUR MISSION

The mission of Washoe County Senior Services is to help improve quality of life for seniors by offering services, support and activities that empowers their personal independence, and encourages healthy aging, social connection and education. We strive to maximize opportunities to create fulfilled relationships and maintain happy, healthy communities.

PROGRAMS AND SERVICES

SENIOR CENTERS

Senior Centers help address the needs of Seniors by offering services and resources, allowing participants to come together for activities. These include:

- ◆ Social activities
- ◆ Lunch Services
- ◆ Providing Access tickets & Taxi Bucks
- ◆ State Health Insurance Assistance Program
- ◆ Aging & Disability Resource Centers
- ◆ Exercise classes
- ◆ Games, group activities
- ◆ Art classes & live music

NUTRITION SERVICES

The Meals on Wheels program provides meals to eligible homebound seniors age 60 or older who are unable to participate at Senior Center meal sites.

Congregate meals are also provided at several locations, offering a hot lunch meal or fresh salad. Call (775) 328-2575, stop by one of our 10 meal locations or visit our website at: <https://www.washoecounty.us/seniorsrv/events/calendars/menus.php> for menu options. The Reno Senior Center is a Food Pantry site.

Congregate Meal Sites:

Cold Springs Community Center

Mon - Fri, 9:00 am - 1:00 pm, (775) 971-8542
3355 White Lake Pkwy, Reno

Gerlach Senior Center

Mon - Fri, 9:00 am - 1:00 pm, (775) 557-2206
385 Sunset Blvd., Gerlach

ADULT DAY HEALTH

The Daybreak program is offered at the Reno Center and provides a safe and secure environment for cognitively or physically impaired adults 18 years old or older. Respite for caregivers allows seniors to age in place and promotes healthy caregiving.

Services include daily living assistance, rehabilitative services, caregiver support, memory loss, medication counseling and management and meals on wheels.

Day Break also provides numerous activities suited to a participant's interests and capacities; as well as, social interaction.

CASE MANAGEMENT

Washoe County Senior Services provides assistance either in the form of access or care coordination in circumstances where the individuals age 60 or older and/or their caregivers are experiencing diminished functioning capacities, personal conditions or other characteristics, which require need for services by a formal service providers.

REPRESENTATIVE PAYEE PROGRAM

The Representative Payee Program is a Social Security Association (SSA) appointed organization that assists individuals 60 or older receiving Social Security or SSI benefits who have difficulty managing their personal finances. The main responsibility of a payee is to support the senior in managing his or her benefits to meet housing, nutritional and other needs. A fee for service and other program restrictions may apply.

HOMEMAKER PROGRAM

Homemaker services provide light housekeeping and chore assistance to individuals, age 60 or older, who are unable to perform activities due to identified functional deficiencies or are in need of a support system to remain independent in the community.

Metropolitan Gardens

Mon - Fri, 9:00 am - 1:00 pm, Sign Up at Site
325 E. 7th Street, Reno

Neil Road Recreation Center

Mon - Fri, 11:00 am - 1:00 pm (775) 326-6601
3925 Neil Road, Reno

Rainbow Bend

Mon - Fri, 11:00 am - 1:00 pm, (775) 342-0193
800 Peri Ranch Road, Lockwood

Sierra Manor

Mon - Fri, 9:00 am - 1:00 pm, (775) 331-4166
2350 Paradise Drive, Reno

Silverada

Mon - Fri, 9:00 am - 1:00 pm, (775) 328-2593
1400 Silverada Blvd., Reno

Sparks Center

Mon - Fri, 8:00 am - 5:00 pm, Lunch served - 11:30
(775) 353-3110,
97 Richards Way, Sparks

Sun Valley Center

Mon - Fri, 9:00 am - 1:00 pm, (775) 673-9417
115 W. 6th Avenue, Sun Valley

Washoe County Senior Center

Mon - Fri, 8:00 am - 5:00 pm
Lunch served - 11:15 am - 12:30 pm (775) 328-2575
1155 E. 9th Street, Reno



WASHOE COUNTY SENIOR SERVICES
PROVIDES AN ARRAY OF SERVICES!